

U3A Outdoor Activity Risk Assessment Checklist

U3A Name	ANTON U3A
Interest Group	WALKERS
Frequency	THIRD TUESDAY OF THE MONTH
Description of Activity	GUIDED GROUP WALKS

Before the Activity <u>Group Organiser</u> Check list:	Yes (✓)	Checklist Observations/Actions
Consider the current Government and Public Health advice in relation to your location and the feasibility of carrying out this activity safely adhering to current social distancing requirements and permissible out-door activities.	✓	Guided group walks, with a maximum of 30 participants including the guide. This is a permitted exception to the 'Rule of 6' in England, as clarified by the Government Guidance on Organised Outdoor Group Activity published 11 September 2020.
Consider whether your activity involves the sharing of any equipment or shared spaces and make suitable arrangements to have antiviral cleaning products available.	✓	Participants will not assist each other over stiles unless they are members of the same household. All participants will carry a personal hand gel for use after touching stiles, gates etc.
Where necessary inspect area prior to starting activity to ensure adequate social distancing can be maintained throughout and to remove/isolate any hazards.	✓	The Group will convene at a car park where 'one metre plus' social distancing will be observed.
Ensure travel arrangements also meet the necessary requirements	✓	Participants will travel to the meeting point either singly or accompanied only by members of their own household.
Consider the general hazards related to this type of activity, the impact accommodating Covid19 requirements may have on the way it is organised. These may relate to the numbers permitted to take part at any one time, location and potential congestion areas, obstacles, fitness levels required, appropriate dress, weather conditions etc	✓	These will be gentle walks of no more than five miles across easy terrain; there are no additional COVID19 requirements.
Record the outcome of these considerations in writing prior to the activity and share with participants so they can complete their personal checklist in line with the information in your checklist.	✓	This Checklist will be available on the website to all participants in advance of the walks. Participants will then sign that they comply with the Checklist and associated instructions when they supply their 'Track & Trace' details.
Group Organiser	Signed <i>Robert Kemp</i>	Date 29-Sep-2020